

Example Program 4 Days 2hr Activities

Day	Time	Group 1	Group 2	Group 3
Day 1	12.00pm 1.00pm 2.00pm 4.00pm 5.00pm 6.00pm 7.00pm	Orientation Talk Lunch Rainforest Hike Afternoon tea Dinner Night Activities Supper	Prepare Lunch Lunch Group Initiative Afternoon tea Dinner Night Activities Supper	For Activities Lunch Rock Hopping Afternoon tea Dinner Night Activities Supper
Day 2	7.30am 8.30am 10.30am 11.00am 1.00pm 1.45pm 4.00pm 4.30pm 6.00pm	Breakfast Kayaks/Raft Building Morning Tea Mountain Bikes Lunch Archery/Low Ropes Afternoon tea Dinner Night Activities Supper	Breakfast Rainforest Hike Morning Tea Kayaks/Raft Building Lunch Mountain Bikes Afternoon tea Dinner Night Activities Supper	Breakfast Group Initiative Morning Tea Rainforest Hike Lunch Kayaks/Raft Building Afternoon tea Dinner Night Activities Supper
Day 3	7.30am 8.30am 10.30am 11.00am 1.00pm 1.45pm 4.00pm 4.30pm 6.00pm	Breakfast High Ropes Morning Tea Orienteering Lunch Camping Skills Afternoon Tea Free Time Dinner	Breakfast Archery/Low Ropes Morning Tea High Ropes Lunch Orienteering Afternoon Tea Free Time Dinner	Breakfast Mountain Bikes Morning Tea Archery/Low Ropes Lunch High Ropes Afternoon Tea Free Time Dinner
Day 4	7.30am 8.30am 10.30am 11.00am 1.00pm 2.00pm	Pack up-Breakfast Rock Hopping Morning Tea Group Initiative Lunch Depart	Pack up-Breakfast Camping Skills Morning Tea Rock Hopping Lunch Depart	Pack up-Breakfast Orienteering Morning Tea Camping Skills Lunch Depart

